# **CHILDHOOD ILLNESSES**

Signs and symptoms vary, some or all may be present, seek medical assistance.



### Ear Infection

- pulling at ear
- partial hearing loss
- fever
- loss of balance
- loss of appetite

### Croup

- · usually starts with a cold
- noisy high pitched breathing

 restless sleep teeth grinding

- irritability

- harsh barking cough
- difficulty breathing

### eves sensitive to light convulsions / twitching

Meningococcal

· refusing to feed / loss of appetite

· neck stiffness / sore and aching

• nausea / vomiting / diarrhoea

grunting / moaning /slurred speech

• extreme tiredness / floppiness / collapse

• fever / headache

irritability / fretfulness

• rash of red / purple pinprick spots or larger bruises

### **Whooping Cough**

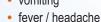
- severe cough occurs in bouts
- 'whooping' sound breathing in
- vomiting after a coughing bout
- stop breathing momentarily may turn blue



- sore throat / blocked nose
- fever and chills / aches and pains
- tiredness / headaches
- difficulty breathing
- tight chest / wheeziness
- dry cough, then cough with phlem



- eves sensitive to light
- neck stiffness / joint pain drowsiness
- vomiting



 blotchy skin or rash - does not fade with pressure

### Mumps

- fever headache
- fatique weight loss
- pain when swallowing swollen gland/s
- (in front of ear)

### Measles

- fever & generally unwell
- runny nose

- starts on face
- dry cough
- sore red eyes
- red and bluish spots in mouth
- red spreading rash

### blisters start on body move to head and limbs possible ulcers in mouth

blisters burst and

**Chicken Pox** 

intensely itchy rash

mild fever & generally unwell

form scabs

## **Tonsilitis**

- sore throat / difficulty swallowing
- swollen glands under each side of jaw
- may have white or yellow pus

# **Epiglottitis**

- sore throat / difficulty swallowing
- difficulty talking
- hoarse voice
- fever
- very sick looking
- drooling stridor

Phleam Refer to 'Staying Healthy; Preventing Infectious Diseases in Early Childhood Education and Care Services'



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swollen tonsils.

